

<http://imacnw.org>

IMAC Mountaineering School

Ever wanted to climb glacier mountains but didn't know where to start?



Here's your chance to learn some basic mountaineering skills and meet like-minded people. IMAC is a club with 70 years of experience in summiting and climbing big mountains.

What you'll learn:

- Knots
- Basic Avalanche awareness
- How to Rock Climb
- Anchors
- Clothing / layering
- Trip Planning
- Compass and Navigation
- Gear Selection
- Ascending ropes
- Basic Wilderness First Aid
- Belaying
- Rappelling
- Traveling on a rope team
- Crevasse rescue techniques
- Rock Climbing

Classes begin ~ March 6th and will be held at the CBC Tuesday nights at 6:30 with practical practices on Wednesdays and some weekends. Classroom days run a total of 10 weeks with a class graduating climb of a Washington or Oregon volcano.

Submit your application Eddie Goss: Email: Imac.climbing@gmail.com Call or Text: 530-391-4024

or Andrea Yarber : Email: Flashpointfitness@yahoo.com Call or Text: 509-439-0655

A few prerequisites include:

Or Mail to: P.O. Box 653, Cle Elum 98922

(Class size is limited)

- Experience in backpacking and overnight trips (if you lack this please look into our backpacking school).
- We do rent some of the gear like harnesses, ice axes, crampons and helmets and have club ropes but having access to the correct clothing and footwear will be a requirement by the student. (Minimum gear fees will apply)
- Be in good physical condition to hike, climb and summit mountains (we go over conditioning in the class).
- Willing and able to learn and assist others when needed, mountaineering is a team sport. You rely on your team to be proficient and your team rely's on you to be the same. Your life very well may depend on it.

